



## Football Bracelet



Finished length: 7-1/2"

### Materials needed:

#### DMC Floss:

- 1 Skein of White
- 1 Skein of Dark Hunter Green (#3345)
- 1 Skein of Straw (#3821)
- 3 Football beads
- 6 Ivory beads

You will also need scissors, a ruler, masking tape and a piece of heavy thread or dental floss.

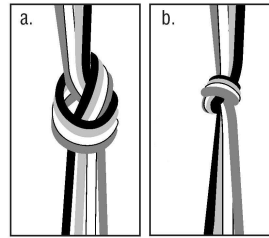
### To make your bracelet:

(Before beginning, see drawings of Overhand Knot, Half Square Knot, Braiding and Easy Bead Threading that are used on this project.)

1. Cut a 52" piece of floss from each of the colors listed. Line up the ends of all the strands, fold in half and tie an overhand knot 2" from looped end. Tape the loop to the table.
2. Use one strand Dark Hunter Green and one strand Straw to tie half square knots over remaining strands (filler cords). Repeat until you have approximately 2" of knots.
3. Using all strands, tie an overhand knot.
4. Separate strands into two groups. Each group should have one strand of each color. With one group, braid for 1". Repeat with second group of strands.
5. Repeat Step 3.
6. Thread filler cords through one Ivory bead.
7. Thread all the strands through the football bead.
8. Thread filler cords through one Ivory bead.

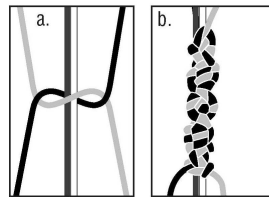
9. Repeat Step 3.
10. Repeat Step 4.
11. Repeat Step 3.
12. Repeat Step 2 using the longest Dark Hunter Green and Straw strands.
13. To end, neatly trim both ends of the bracelet leaving 2" on each end to tie around your wrist.

### Over Hand Knot



Finished Overhand Knot

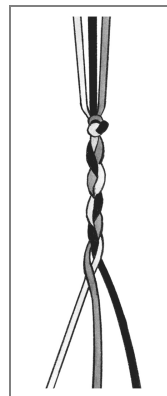
### Half Square Knot



Multiple Half Square Knots

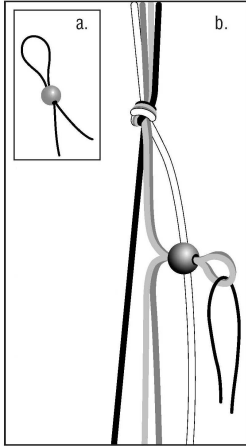
**Step a.** Lay left strand across filler cords and under right strand. Then put the right strand under filler cords and up through the loop made by left strand. Pull snugly.  
**Step b.** A series of half square knots form a spiral shape.

### Braiding



Lay the right strand over the center strand, then lay the left strand over the center strand and pull snugly. Continue to put the right and then the left strands over the center until the desired length is achieved.

## Easy Bead Threading



**Step a.** Use a 6" length of heavy thread or dental floss, fold in half and thread the cut ends through a bead, leaving a 2" loop on one side of the bead.

**Step b.** Place the filler cords through the thread loop and pull loop and floss through the bead hole.