



6. Thread all strands from top to bottom through a Purple Heart bead, a Pink heart bead and then the remaining Purple heart bead.
7. Repeat Step 3.
8. Repeat Step 4.
9. Repeat Step 3.
10. Repeat Step 2.
11. To end, using all strands, tie an overhand knot. Neatly trim both ends of the bracelet leaving 2" on each end to tie around your wrist.

Loving Hearts Bracelet



Finished length: 7-1/2"

Materials needed:

DMC Floss:

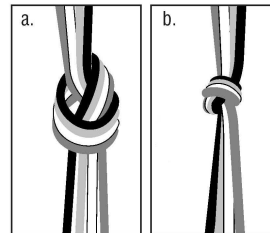
- 1 Skein of Very Light Pearl Gray (#762)
 - 1 Skein of Ultra Light Plum (#3609)
 - 1 Skein of Medium Violet (#552)
- Heart beads (with the hole on the top and bottom): 2 Purple, 1 Pink

You will also need scissors, a ruler, masking tape and a piece of heavy thread or dental floss.

To make your bracelet:

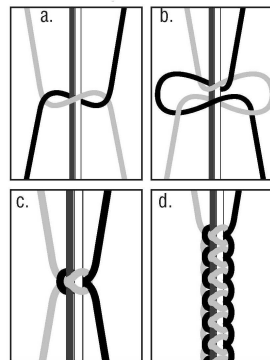
- (Before beginning, see drawings of Overhand Knot, Picot Knot, Square Knot, Half Square Knot and Easy Bead Threading that are used on this project).
1. Cut a 24" piece of Very Light Pearl Gray floss and 64" length of both the Ultra Light Plum and Medium Violet floss. Fold floss strands in half, aligning centers, and tie an overhand knot 2" from looped end. Tape the loop to the table.
 2. Use one strand Ultra Light Plum and one strand Medium Violet to tie half square knots over remaining strands (filler cords). Repeat until you have approximately 2" of knots.
 3. Using the same two strands, tie a square knot 1/2" below last half square knot and then slide it up on filler cords, forming loops on each side (picot knot). Repeat to tie second picot knot.
 4. Use one strand Ultra Light Plum and one strand Medium Violet to tie square knots for 1/2".
 5. Repeat Step 3.

Over Hand Knot



Finished Overhand Knot

Square Knot

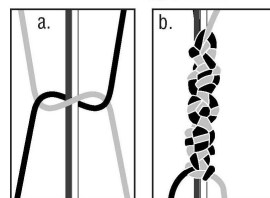


Finished Square Knot

Multiple Square Knots

- Step a.** Lay left strand across filler cords and under right strand. Then put the right strand under filler cords and up through the loop made by left strand. Pull snugly.
- Step b.** Lay right strand across filler cords and under left strand. Then put the left strand under filler cords and up through the loop made by right strand. Pull snugly.

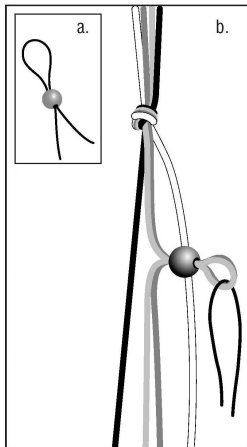
Half Square Knot



Multiple Half Square Knots

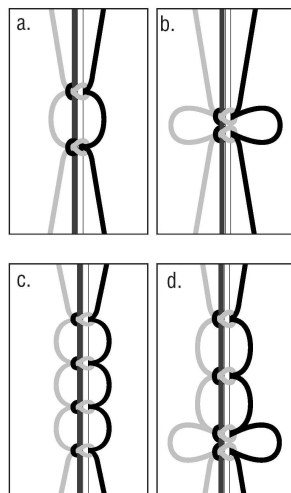
- Step a.** Lay left strand across filler cords and under right strand. Then put the right strand under filler cords and up through the loop made by left strand. Pull snugly.
- Step b.** A series of half square knots form a spiral shape.

Easy Bead Threading



Step a. Use a 6" length of heavy thread or dental floss, fold in half and thread the cut ends through a bead, leaving a 2" loop on one side of the bead.
Step b. Place the filler cords through the thread loop and pull loop and floss through the bead hole.

Picot Knot



Step a. Make 1 square knot. Make second square knot 1/2" below the previous knot.
Step b. Then slide it up on the filler cords until it touches the previous knot forming loops on each side.

Several square knots before sliding up.

Sliding knots together.