



## Here's My Heart Choker



Finished length: 15"

### Materials needed:

#### DMC Floss:

- 1 Skein of Delft (#809)
- 1 Skein of Dark Royal Blue (#796)
- 1 Skein of Dark Christmas Red (#498)

**Heart beads** (with holes on the left and right side): 1 Red, 1 Blue, 1 Clear

**Large Round beads:** 4 Clear, 2 Blue, 2 Red

You will also need scissors, a ruler, masking tape and a piece of heavy thread or dental floss.

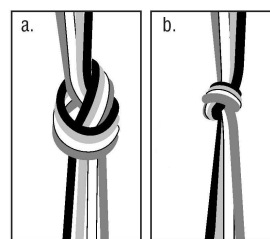
### To make your choker:

(Before beginning, see drawings of Overhand Knot, Square Knot and Easy Bead Threading that are used on this project).

1. Cut a 90" piece of floss from each of the colors listed. Line up the ends of all the strands, fold in half and tie an overhand knot 2" from looped end. Tape the loop to the table.
2. Use one strand Delft and one strand Dark Christmas Red to tie square knots over remaining strands (filler cords). Repeat until you have approximately 4" of knots.
3. Thread filler cords through round Red bead.
4. Using one strand Delft and one strand Dark Christmas Red, tie three square knots.

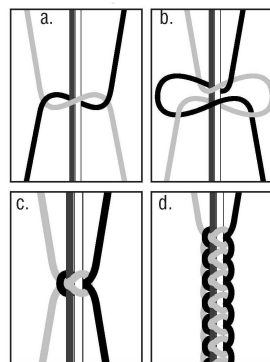
5. Thread filler cords through round Clear bead.
6. Repeat Step 4.
7. Thread filler cords through round Blue bead.
8. Using one strand Delft and one strand Dark Christmas Red, tie square knots for 3/4".
9. Repeat Step 5.
10. Thread all strands through Red, Clear and Blue heart beads.
11. Repeat Step 5.
12. Repeat Steps 8, 7, 6, 5, 4, 3, and 2.
13. To end, using all strands, tie an overhand knot. Neatly trim both ends of the choker leaving 2" on each end to tie around your neck.

### Over Hand Knot



Finished Overhand Knot

### Square Knot

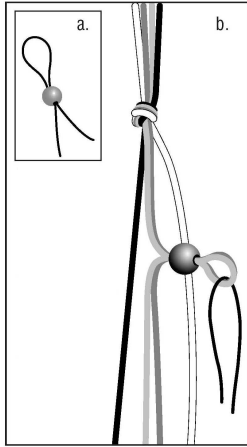


Finished Square Knot

Multiple Square Knots

**Step a.** Lay left strand across filler cords and under right strand. Then put the right strand under filler cords and up through the loop made by left strand. Pull snugly.  
**Step b.** Lay right strand across filler cords and under left strand. Then put the left strand under filler cords and up through the loop made by right strand. Pull snugly.

## Easy Bead Threading



**Step a.** Use a 6" length of heavy thread or dental floss, fold in half and thread the cut ends through a bead, leaving a 2" loop on one side of the bead.

**Step b.** Place the filler cords through the thread loop and pull loop and floss through the bead hole.